

# PART 1 – GENERAL ORGANISATION OF CYCLING AS A SPORT

## Rules Amendments applying on **15.10.2018**

### Chapter III EQUIPMENT

#### § 3 Equipment

**1.3.023** For road time trials and individual and team pursuit on the track, a fixed ~~extension~~ **additional handlebar (consisting of 2 extensions)** may be added to the steering system. ~~; in this instance, the height difference between the elbow support points and the highest and lowest points of the handlebar extension (including gear levers) must be less than 40 cm. (see diagram «Structure (1B)»).~~ It is also possible to add **a handlebar extensions** for the 500 m and kilometre time trials on the track, but in this case, the position of the tip of the saddle must be at least 5 cm behind the vertical plane passing through the bottom bracket axle.

The distance between the vertical line passing through the bottom bracket axle and the extremity of the handlebar may not exceed 75 cm, with the other limits set in article 1.3.022 (B, C, D) remaining unchanged. ~~Elbow or forearm rests are permitted (see diagram «Structure (1B)»).~~

For road time trial competitions, controls or levers fixed to the handlebar extensions may not extend beyond the 75 cm limit.

For the track and road competitions covered by the first paragraph, the distance of 75 cm may be increased to 80 cm to the extent that this is required for morphological reasons; «morphological reasons» should be taken as meaning anything regarding the size or length of the rider's body parts. A rider who, for this reason, considers that he needs to make use of a distance between 75 and 80 cm must inform the commissaires' panel at the time of the bike check.

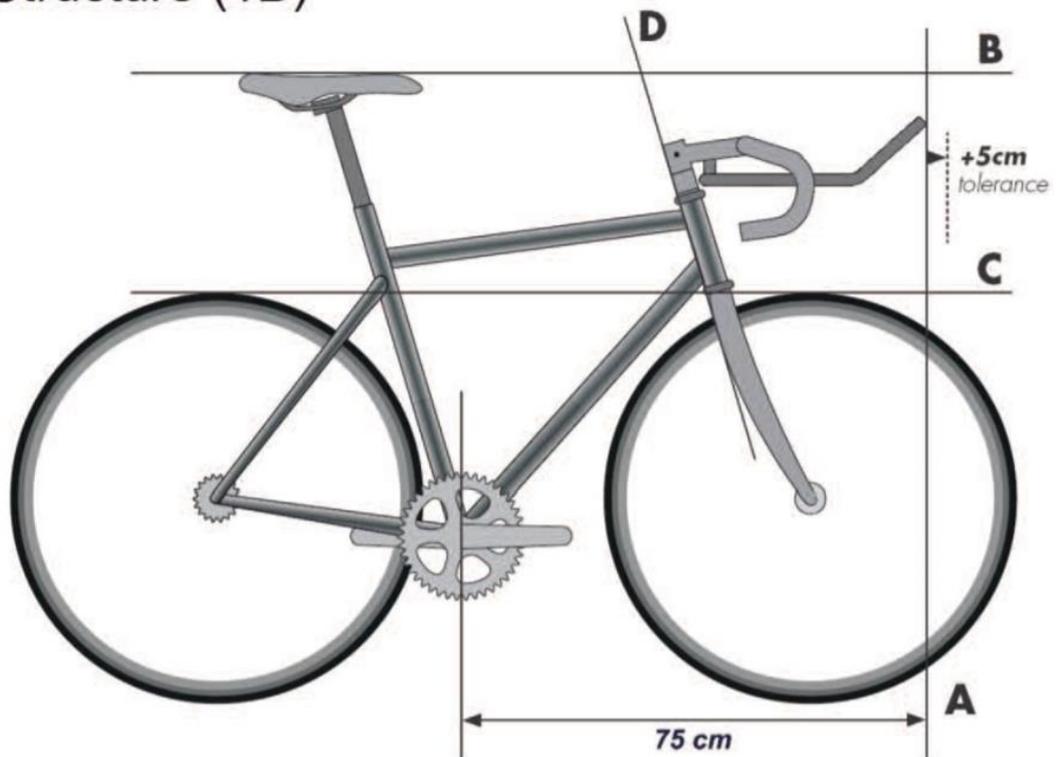
For riders that are 190 cm tall or taller, the horizontal distance between the vertical lines passing through the bottom bracket axle and the extremity of the handlebar extensions including all accessories may be extended to 85 cm.

Only one exemption for morphological reasons may be requested; either the handlebar extension can be moved forward or the peak of the saddle can be moved forward, in accordance with Article 1.3.013.

In addition, all extension and elbow rest assemblies must conform to the following :

- Elbow rests must be made up of two parts (one part for each arm) and are only allowed if extensions are added ;
- The maximum width of each elbow rest is 12.5cm ;
- The maximum length of each elbow rest is 12.5cm ;
- The maximum inclination of each elbow rest (measured on the support surface of the arm) is 15 degrees ;
- The maximum dimension of the cross section of each extension is 4cm ;
- The height difference between the elbow support point (midpoint of the elbow rest) and the highest or lowest point of the extension (including accessory) must be less than 10cm.

## Structure (1B)



(text modified on 07.06.00; 01.01.05; 01.04.07; 01.01.09; 01.02.12; 01.10.12; 29.04.14; 15.10.18)